



NUT-FREE-CAMPUS POLICY

Mark Day School is a nut-free school. The policy applies year-round in all areas of the campus.

Please do not send students to school with food that contains peanuts, tree nuts (almonds, brazil nuts, cashews, chestnuts, hazelnuts, macadamias, pecans, pine nuts, pistachios, walnuts), or sesame seeds. Foods containing peanuts, tree nuts or sesame seeds as ingredients (e.g., baked goods, hummus, tahini, crackers, nut-based milk, sauces and dressings) are also forbidden.

If food is to be shared, (e.g. birthdays, other celebrations), please do not send student to school with **food processed in facilities that process peanuts, tree nuts or sesame seeds**. Food found to be processed in such a facility will be sent home.

Nuts and sesame account for the most severe anaphylactic reactions; highly allergic individuals can experience anaphylaxis if they touch, inhale or ingest even the slightest trace or residue of the allergen. Trace amounts of nut products may be passed from hands to ball, chess piece or other object, and thus come into contact with allergic individuals.

Therefore, to address reactions based on food residue, we encourage students who eat foods with nuts or sesame for breakfast to wash their hands and faces before entering school.

Please inform your child's classroom teacher in writing about any other allergies he or she may have.